

## ***What happens after the Three Day Weekend?***

After the three day weekend the new cursillistas go into the Fourth Day, which is where we continue our Christian journey together. They join small Group Reunions which meet regularly. The meetings last from half an hour to an hour during which members, following a set pattern, will be invited to share what they have learnt about God since they last met, moments in which they have felt close to Christ and ways in which they have attempted to infuse the community of which they are a part with Christian values. All are invited to share encouragements and disappointments, and to discuss any action they propose to take in the furtherance of the Gospel. This underscores and supports apostolic action, providing a structure for a lifetime's experience of Christian love and service.

*'It is possible to encounter God in many ways other than Cursillo – encountering God is easy – it is following Christ afterwards that is the problem'.*

Eduardo Bonin – Cursillo Founder

**If you want to find out more**

**NATIONALLY**

Visit the website at  
[www.anglicancursillo.co.uk](http://www.anglicancursillo.co.uk)

**IN YOUR PARISH**

Contact:

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**[www.stalbanscursillo.com](http://www.stalbanscursillo.com)**

Diocesan Spiritual Director:  
The Revd Canon Hall Speers  
The Rectory, 38 Manor Road,  
Barnet, Herts. EN5 2JJ  
Tel:020 8449 3894

Lay Director: Mr Laurie Little  
36 Potters Lane, New Barnet,  
EN5 5BE.  
Tel:020 8441 1193

E-Mail : [laydirector@stalbanscursillo.com](mailto:laydirector@stalbanscursillo.com)

**Anglican Cursillo is organised on a Diocesan basis in England and Wales and a Provincial basis in Scotland.**

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Anglican  
**Cursillo**

In the Diocese of  
St Albans



**Cursillo is a movement of the Church providing a method by which Christians are *empowered to grow* Through *prayer, study and action* and enabled to *share God's love* with everyone.**

## ***What happens at a Three Day Weekend?***

The weekends begin usually on a Thursday evening, ending the following Sunday evening. Away from the everyday pressures of life the pilgrims and team form a Christian community, learning, praying, sharing, singing and living together.



During the weekend the team of lay people and spiritual advisers give a series of 15 talks covering the basics of Christianity focusing on the mission concepts of prayer, study and action.



## ***Does Cursillos vision of a world transformed by the love of God appeal to you?***

Are you attracted by a way of renewal in Christ which inspires, challenges, equips, supports and encourages you to play an active part in changing the world for God?

Then you need to get engaged

- engaged in becoming a saint and apostle
- engaged in mission.

## ***How does Cursillo work?***

The Cursillo method works by forming groups of Christians who live out their faith in their family, neighbourhood, parish and workplace. It provides them with support and encouragement in this, with the focus on prayer, study and action. This is done through a combination of small local groups (Group Reunions) complemented by less frequent area gatherings (Ultreyas). All are encouraged to follow a Rule of Life, including Spiritual Direction.

## ***What is Cursillo?***

Cursillo originated in the 1940s in the Roman Catholic Church in Spain and has since spread to many countries and to other denominations including the Anglican Church.

Cursillo has been called 'a modern version of the Acts of the Apostles'. It puts before us God's call to us to be saints, (people transformed by the grace of God) and Apostles (people sent to play their part in God's mission to the world.) All the activities of Cursillo are open to scrutiny, and full details of the Three Day Weekends are available from the Lay Director or the Diocesan Spiritual Director.

Cursillo offers committed Christians a proven way of discipleship in which they are supported and encouraged.

